

ADDICTION PROGRAMS FROM PELAGO

Included **Free** with **Diamond, Platinum, Gold, Silver, Bronze & Cobalt** Health Plan Options

BREAKING DOWN BARRIERS TO SUBSTANCE USE

Pelago

TOBACCO & VAPING ADDICTION PROGRAM

- » Connected Carbon Monoxide Monitoring Device
- » Nicotine Replacement Therapy
- » Dedicated Quit Coach Care Team
- » Unlimited 24/7 1on1 Psychological Therapy
- » Cognitive Behavioral Therapy
- » Audio Sessions & Physical Exercises



19.7% Oklahomans Using Tobacco
\$3,598 Annual Cost per Tobacco User
\$2,400 Annually Pack-A-Day Smoker Spends

ALCOHOL ADDICTION PROGRAM

- » Connected Alcohol Breathalyzer Device
- » Prescribed Medication (naltrexone)
- » Dedicated Quit Coach Care Team
- » Unlimited 24/7 1on1 Psychological Therapy
- » Cognitive Behavioral Therapy
- » Audio Sessions & Physical Exercises



6-9% Oklahomans with Alcohol Issues
\$12,301 Annual Cost of Alcohol Addiction per Affected Individual
70% Oklahomans with Alcohol Addiction also using Tobacco

OPIOID ADDICTION PROGRAM

- » At Home Urine Analysis Testing
- » Prescribed Medication (buprenorphine/naloxone)
- » Dedicated Quit Coach Care Team
- » Unlimited 24/7 1on1 Psychological Therapy
- » Cognitive Behavioral Therapy
- » Audio Sessions & Physical Exercises



1-2% Oklahomans with Opioid Issues
\$21,281 Annual Medical Cost of Opioid Misuse
70% of U.S. Overdose Deaths were due to Opioids

i **FREE PARTICIPATION**
Call **855.315.2460**
Visit **pelagohealth.com**

When Enrolling Enter
OPEH&W as the Employer

i **LEARN MORE**
Scan **QR Code**
or Visit **opehw.com**



📱 **OPEH&W APP**
Scan **QR Code** to get
the OPEH&W App



 **OPEH&W Health Plan**
Making Healthy Cheaper