



Making health checkups easier for **YOU**

Earn a \$250 deductible credit for complete your Catapult checkup.

What to expect with Catapult Health?

1 Schedule your onsite appointment

Choose from times and locations to pick the slot convenient for you.

2 Get a quick blood draw & blood pressure check

A friendly health tech will assist you; it only takes about 15 minutes and no finger stick!

3 Take a health questionnaire

Complete your Health Questionnaire on our touch-screen laptop. If you have questions or need assistance, our friendly Health Technicians are eager to help!

4 Get your results

Once everything is complete, a Catapult Nurse Practitioner (NP) will review your results with you and create a Personal Action Plan. Your NP will also recommend programs available to you through your employer or health plan.

OPEH&W Health Plan
Making Healthy Cheaper



Schedule your appointment

TimeConfirm.com/OPEHW



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