

It's time for your yearly health checkup...

Earn a \$250 deductible credit for completing!

Who is eligible for this new benefit?

Catapult Health is available for all members and spouses covered under an OPEH&W Health Plan.

What's included?

- Diabetes, blood pressure and depression screening.
- Cholesterol screening for heart disease.
- Height and weight measurements
- Family History & Medication review and more.

Why participate?

Complete your Catapult Health Onsite Checkup before July 1st, 2025, and you can earn a **\$250 deductible credit** for the upcoming plan year.

Why do you need a checkup?

“Why not?” Every adult needs an annual biometric screening, and this is the most convenient, safest, and empowering way to get one.

Plus it's covered at 100% and takes less than 15 minutes!

OPEH&W Health Plan
Making Healthy Cheaper



Schedule your appointment

TimeConfirm.com/OPEHW