

# A tailored health checkup that earns you a \$250 deductible credit!



Zero-cost to you



Super-convenient



Personalized to YOU

## What is a Catapult Health VirtualCheckup® Home Kit?

If your busy schedule has made it hard to prioritize your health, you're not alone. In 2025, The OPEH&W Health Plan has partnered with Catapult Health to offer you a NO-COST benefit that lets you complete a simple health checkup on your time, from the comfort of your home.

**This new benefit is available to all members and spouses covered under an OPEH&W Health Plan.**

A VirtualCheckup Home Kit is a simple health test kit that is shipped straight to your doorstep. It includes some simple at-home health tests and a consultation with a certified Catapult Nurse Practitioner. It takes less than 30 minutes to complete, and you'll uncover valuable information about your health and how to improve or maintain it.

**Plus, complete your checkup before July 1st, 2025, and you can earn a \$250 deductible credit for the upcoming plan year!**

**OPEH&W Health Plan**  
Making Healthy Cheaper



**Get a free at-home health checkup in minutes**

[VirtualCheckup.com/OPEHW](https://VirtualCheckup.com/OPEHW)