



Blue Cross Group Medicare Advantage Open Access (PPO)<sup>SM</sup>

# The advantage is yours.

## Look inside for:

- Details about your retiree group Medicare Advantage plan
- Getting started
- What happens next



live your  
**Blue life**<sup>SM</sup>





## Medicare coverage made easy

### **Blue Cross Group Medicare Advantage<sup>SM</sup> is your all-in-one plan.**

Your benefit administrator offers Blue Cross Group Medicare Advantage Open Access (PPO) for your retiree Medicare coverage. This plan has no provider network restrictions. It bundles Original Medicare Parts A and B with Part D prescription drug coverage and extra health and wellness benefits. It covers most commonly used services such as provider visits, inpatient hospital and outpatient services, emergency care and prescription medicines.

### **Here's how your Open Access PPO plan works.**



#### **Your Providers**

Your Open Access PPO plan does not require the use of a Blue Cross and Blue Shield network provider for coverage. Your benefit levels are the same if you use a network or non-network provider. You may seek care from any providers nationwide that accept Medicare and agree to submit claims to us. Please note: even Medicare-assigned providers can decide what patients they want to see. We recommend that you confirm with providers that they will accept your Open Access PPO plan and will submit claims directly to the plan.

Some high-cost medical services that have more cost-effective alternatives need prior authorization from the plan before your provider can proceed.

**Find providers at [www.bcbsok.com/retiree-medicare-tools](http://www.bcbsok.com/retiree-medicare-tools).**





## Your Prescription Drug Coverage

### Copay and Deductible

You may have a copay or coinsurance for your prescriptions. Some plans have a deductible you will need to meet before benefits start. After spending a government-set amount on medications, you may reach or even go past the coverage gap in a year. Copays and coinsurances can change during these stages. Review the Summary of Benefits to understand deductibles and the coverage gap in your plan.

### List of Covered Drugs (Formulary)

Within the formulary, you will see that prescription drugs are placed into tiers. The costs for drugs in each tier are generally different. Tier 1 includes the drugs prescribed for common conditions.

### Pharmacies in the Neighborhood and across the Nation

Our national pharmacy network includes thousands of locations. All major national retail and grocery pharmacy chains participate in the network, including:



Other pharmacies are available in our network.



Before you enroll, you can search for your medicines online at [www.myprime.com](http://www.myprime.com).\*

Select 'Medicines,' then:

- 'Find a Medicine,' followed by
- 'Continue without sign in.'

Under 'Select Your Health Plan':

- Select BCBS Oklahoma.
- Answer 'Yes.'
- Select Blue Cross Group Medicare Advantage (PPO)<sup>SM</sup>.
- Click 'Continue.'

Type your medicine and dosage.

- Review the drug tier and requirements.
- Refer to the Summary of Benefits for your cost.

\* MyPrime.com is a pharmacy benefit website owned and operated by Prime Therapeutics LLC, a separate company providing pharmacy benefit management services for your plan.

# Extra health and wellness benefits complete your coverage.



## Wellness Solutions

Track your health and keep learning with our wellness and education tools. You can set and track progress towards your health care goals. You can also learn about:

- diabetes self-care.
- managing blood pressure.
- eating well and healthy weight.
- stopping tobacco use.
- stress management and mental health.
- safety concerns.

## Rewards Program

Put up to \$100 worth of gift cards in your pocket for choosing healthy activities. Earn gift cards for completing Healthy Actions throughout the year, like having your Annual Wellness Visit, getting your flu shot or taking a Fall Risk Assessment.<sup>†</sup>

Gift card options include major national retailers. They may offer physical and/or eCards. The maximum annual rewards you can earn is \$100 worth of gift cards. *Please note: Healthy Actions are subject to change.*

## Fitness Designed for You

The SilverSneakers<sup>®††</sup> Fitness Program is included in your plan. It helps you achieve your health and fitness goals with access to more than 15,000+ fitness locations and online classes led by certified instructors.

## Virtual Visits

Virtual Visits allow you to consult an independently contracted, board-certified doctor or therapist for non-emergency situations by phone, mobile app or online video anytime, anywhere. Speak to a doctor or schedule an appointment at a time that works best for you. Your current provider may offer virtual visits.

## 24/7 Nurseline

Your call is taken by a registered nurse who can help if you are sick or hurt and not sure what to do.

**These extra health and wellness benefits are part of your retiree group Medicare Advantage plan. Please read the Summary of Benefits for coverage details.**

<sup>†</sup> Registration is required to participate. Visit [www.BlueRewardsOK.com](http://www.BlueRewardsOK.com) to register and see what Healthy Actions earn rewards. If you do not have internet access, call customer service using the phone number on the back of your insurance card. Maximum annual rewards of \$100 in gift cards. One reward per Healthy Action per year. Healthy Action dates of service must be in the current plan year. Healthy Actions that earn rewards are subject to change.

<sup>††</sup> Classes and amenities vary by location.

# What happens after you enroll?

## 1. Medicare Approval

Medicare must approve your enrollment in this plan before you are officially a member. This generally takes about 10 business days. Remember, you must be a retiree enrolled in Medicare Part A and Part B to be eligible for this plan.

## 2. Acknowledgment and Confirmation Letters

These letters let you know the status of your enrollment. Within 10–14 days of receiving your enrollment, we'll send you an acknowledgment letter. It explains that we've received your information and are waiting for Medicare to approve your eligibility. After Medicare approves, you'll get a confirmation letter followed by your member ID card.

## 3. Member ID Card

Always show your Blue Cross and Blue Shield of Oklahoma (BCBSOK) ID card when you visit a doctor or pharmacy. Information on the ID card helps them file your claim with us.



Your card will have this information:

- **Your name.**
- **The name of your retiree group Medicare plan.**
- **Member ID number**  
This number is unique to you.
- **Plan number**  
This number is used by your provider to make claims.
- **Copays**  
These are the fixed amounts you may have to pay when you visit a provider.
- **Customer service phone number.**
- **Our website.**

**If your ID card hasn't come in the mail by your effective date, you can still use your benefits. Just show your confirmation letter as proof of insurance.**

## 4. Welcome Kit

This usually arrives after your member ID card and contains a welcome guide, formulary, evidence of coverage benefit insert and information to help you get the most from your plan.



### Staying Connected

Once you are a member, your plan becomes your partner in health. We will reach out during the year with helpful reminders and health tips. If you have a special medical condition, you may receive personalized communication from our medical professionals who can help you manage your health and find resources just for you. Feel free to reach out to customer service with questions about your plan. And please tell us about any special needs we should know about.

# Blue Access for Members<sup>SM</sup>

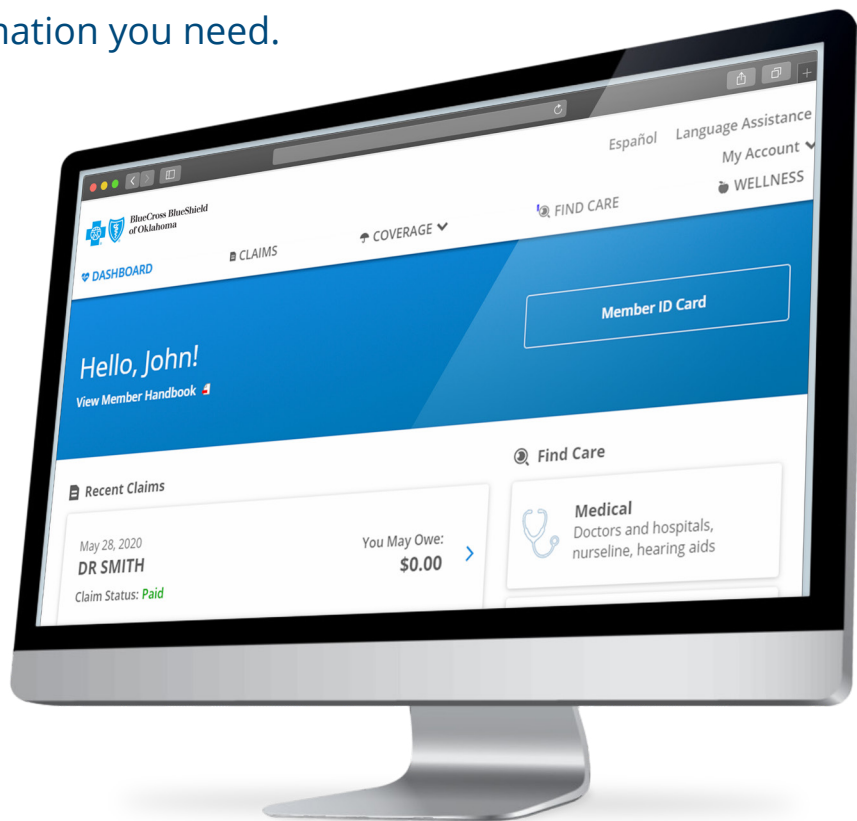
Register for Blue Access for Members (BAM<sup>SM</sup>) at [www.bluememberok.com](http://www.bluememberok.com).

BAM is a secure website designed to give you quick, easy access to the health information you need.

Bookmark it on your computer or download the easy-to-use mobile app.

You can:

- Search for providers and pharmacies.
- View claims status and up to 18 months of activity.
- Request an ID card or print a temporary ID.
- and much more.



## It's Easy to Get Started!

Go to [www.bluememberok.com](http://www.bluememberok.com) or grab your smartphone and your member ID card and text<sup>†</sup> BCBSOKAPP to 33633 so you can use BAM while you're on the go.

<sup>†</sup> Message and data rates may apply.

# Enroll in your retiree group Medicare Advantage plan today!

It only takes a few minutes to get covered. Let's get started.

**1.** You must be a retiree enrolled in Medicare Part A and Part B. You must continue to pay any required Part A or Part B premiums. These are usually deducted from your Social Security benefit. If you haven't signed up yet, contact your local Social Security office or go to [www.ssa.gov](http://www.ssa.gov) to enroll online.

**2.** Review this brochure and the enclosed Summary of Benefits for details about your plan.

**3. It's time to enroll!** Follow the enrollment instructions provided by your benefit administrator.

**4.** Watch the mailbox for your enrollment acknowledgment and confirmation letters, followed by your new member ID card and your Welcome Kit.



Blue Cross and Blue Shield of Oklahoma is honored to be entrusted with your care.

We are committed to providing you with outstanding service, medical expertise and convenience.





## Questions about your retiree group Medicare plan?

Talk to your benefit administrator or refer to the plan documents for details.



This information is not a complete description of benefits. The formulary and pharmacy network may change at any time. You will receive notice when necessary.

Out-of-network/non-contracted providers are under no obligation to treat BCBSOK members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Blue Cross<sup>®</sup>, Blue Shield<sup>®</sup> and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans.

The Healthy Activity Portal is a website owned and operated by HealthMine, Inc., an independent company that provides digital health and personal clinical engagement tools and services for Blue Cross and Blue Shield of Oklahoma members. BCBSOK makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

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HMO and PPO plans provided by Blue Cross and Blue Shield of Oklahoma, which refers to GHS Health Maintenance Organization, Inc. d/b/a BlueLincs HMO (BlueLincs) (HMO plan) and refers to GHS Insurance Company (GHSIC) (HMO Special Needs Plan and PPO plans). HMO and PPO employer/union group plans provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HCSC, BlueLincs, and GHSIC are Independent Licensees of the Blue Cross and Blue Shield Association. HCSC, BlueLincs, and GHSIC are Medicare Advantage organizations with a Medicare contract. GHSIC is a Medicare Advantage organization with a Medicare contract and a contract with the Oklahoma Medicaid program. Enrollment in these plans depends on contract renewal.