

PELAGO



ALCOHOL, OPIOID, TOBACCO & VAPING ADDICTION PROGRAMS

FREE WITH **DIAMOND**, **PLATINUM**, **GOLD**, **SILVER** & **BRONZE** HEALTH PLAN OPTIONS

BREAKING DOWN BARRIERS TO SUBSTANCE USE CARE THAT WORKS

PARTICIPATE FOR **FREE**

- » CALL **855.315.2460**
- » VISIT **www.pelagohealth.com**
 - » Click **ENROLL** in upper right corner of the webpage.
 - » Enter **OPEH&W** as your employer.

OVERVIEW

- » **90%** of Individuals Needing Care Aren't Getting It.
- » World's First **100% Digital** Addiction Clinic.
- » Comprehensive Medication-Assisted Treatment Program for Multiple Addictions.
- » Personalized Addiction Treatment Programs for Alcohol, Opioid, Tobacco & Vaping.
- » Validated in a Randomized-Controlled Trial & 8 Peer-Reviewed Studies.

PROGRAM METRICS

- » **52%** Quit Tobacco
- » **73%** Abstained or Drank Below Safe Limit
- » **5x Higher** Quit Rates than Other Programs

PROGRAM HIGHLIGHTS

- » Convenience
- » Improved Mood & Health
- » Private & Confidential
- » Non-Judgmental
- » Engaging Content
- » Dedicated Quit Coach Care Team
- » Personalized Tracking
- » Unlimited 1:1 Psychological Therapy Available 24/7
- » Cognitive Behavioral Therapy Education
- » Audio Sessions & Physical Exercises
- » Physician Led Virtual Clinical Care



TOBACCO & VAPING ADDICTION PROGRAM

- » Nicotine Replacement Therapy.
- » Connected Carbon Monoxide Monitoring Device.

TOBACCO & VAPING FACTS

- » **19.7%** of Oklahomans Use Tobacco.
- » **\$3,598 Annual Cost** of Tobacco Use per Affected Individual.
- » **\$2,400 Annually** is What a Pack-A-Day Smoker Spends on Cigarettes.



ALCOHOL ADDICTION PROGRAM

- » Connected Alcohol Breathalyzer Device.
- » Prescribed Medication (naltrexone) Discreetly Mailed to Your Home.

ALCOHOL FACTS

- » **6-9%** of Oklahomans have Alcohol Issues.
- » **\$12,301 Annual Cost** of Alcohol Addiction per Affected Individual.
- » **16%** of ER Patients Injured at Work have Alcohol in their System.
- » **70%** of Oklahomans with Alcohol Addiction also use Tobacco.



OPIOID ADDICTION PROGRAM

- » At Home Urine Analysis Testing.
- » Prescribed Medication (buprenorphine/naloxone).
- » Discreetly Mailed to Your Home.

OPIOID FACTS

- » **1-2%** of Oklahomans have Opioid Issues.
- » **\$21,281 Annual** Medical Cost of Opioid Misuse per Affected Individual.
- » **70%** of U.S. Overdose Deaths (**47,157**), in 2018 were due to Opioids.

