

# OMADA



## DIABETES, DIABETES PREVENTION, HIGH CHOLESTEROL & HIGH BLOOD PRESSURE PROGRAM

FREE WITH **DIAMOND**, **PLATINUM**, **GOLD**, **SILVER** & **BRONZE** HEALTH PLAN OPTIONS

## A PERSONALIZED PROGRAM TO HELP YOU LOSE WEIGHT, GAIN ENERGY & IMPROVE YOUR OVERALL HEALTH

### PARTICIPATE FOR FREE

- » CALL **800.672.2567**
- » VISIT **www.omadahealth.com**



### TECHNOLOGY

- » Linked to Personalized Account
- » Smart Digital Scales
- » Smart Finger-Prick Glucose Meter
- » Smart Continuous Glucose Monitor (CGM)
- » Smart Blood Pressure Monitor



### DIABETES PROGRAM

- » Certified Diabetes Care
- » Professional Health Coaches
- » Virtual Physician Visits
- » Educational Resources
- » Peer Support Groups
- » Track Progress with the Omada App



### HYPERTENSION PROGRAM

- » Personalized Care Plans
- » Professional Health Coaches & Hypertension Specialists
- » Virtual Physician Visits
- » Educational Resources
- » Peer Support Groups
- » Track Progress with the Omada App

