

# CONNECTDME



## IN-HOME SLEEP STUDIES

**FREE** WITH **DIAMOND, PLATINUM, GOLD, SILVER & BRONZE** HEALTH PLAN OPTIONS

## FREE IN-HOME SLEEP STUDIES

### WatchPAT®ONE & ONE-M

- » Up to 3 Nights Use with the ONE-M.
- » ONE-M Helps Detect Night-to-Night Variance.
- » Fully Disposable - No Return Shipment.
- » Easy to Use.
- » Instant & Highly Accurate Results.
- » Real Time Cloud Data Upload.
- » Detects True Sleep Time, Sleep Staging & Sleep Apnea.



### DATA

Measures & Collects **7 Channels** of Data:

- » AHI & RDI via PAT®
- » Heart Rate
- » Oximetry
- » Actigraphy
- » Body Position
- » Snoring
- » Chest Motion

### PROCESS

- » Send a Physician's Order for a Home Sleep Test to **ConnectDME**.
- » Receive the At-Home Sleep Study Device.
- » Wear the Device for One Night or Up To 3 Nights with ONE-M.
- » Data Automatically Uploaded to the Cloud.
- » Dispose of the Device.
- » Data Scored by a Registered Polysomnographic Technologist.
- » Results Sent to Prescribing Physician.
- » Results Meet AASM & CMS Definitions for Sleep Hypopnea Scoring Guidelines.

