

MDLIVE



VIRTUAL COUNSELING & PSYCHIATRY CARE

FREE WITH **DIAMOND**, **PLATINUM**, **GOLD**, **SILVER** & **BRONZE** HEALTH PLAN OPTIONS

TALK THERAPY AND PSYCHIATRY ON YOUR SCHEDULE FROM THE COMFORT AND PRIVACY OF HOME.

- » **FREE** for Members, Spouse and Dependent Children.
- » Saves Members Significant Amounts of Out-of-Pocket Costs.
- » Counseling and Psychiatry Services Require an Appointment be Scheduled.
- » Ensures a Professional Qualified to Support the Relevant Issue is Available.
- » Access on Major Holidays May Result in Small Wait Times.

SUPPORT AVAILABLE FOR:

- » Addictions
- » Aging & Caregiver Support
- » Anxiety
- » Bipolar
- » Grief & Loss
- » LGBTQ+ Support
- » Life Changes
- » Obsessive Compulsive Disorder (OCD)
- » Panic Disorders
- » Parenting Support
- » Phobias
- » Relationship Issues
- » Stress Management
- » Trauma & PTSD
- » **& More...**



Suicidal Thoughts? Help is Available

If you or anyone you know is having thoughts of suicide, please call the National Suicide Prevention Lifeline:

800.273.8255

or call **911** if you feel you are in immediate danger.