

2022/23 Plan Year Review

Improvements Made

- New Over 65 Retiree Plan Launched
- Added Pelago Addiction Program
- Added Propeller Asthma & COPD Program
- Added Enso Pain Relief Device to Hinge Program
- Expanded Member Rewards Program from 500 procedures to over 1,600
- Added SilverCloud, inMynd & LearnToLive Mental Health Programs
- Added Medically Essentially Eye Care Benefit to Vision Coverage

Medical

Major Conditions

1	Hypertension	21.7%
2	Low Back Pain	16.1%
3	Diabetes	8.6%
4	Cardiovascular Condition	4.2%
5	Asthma	2.9%
6	Cancer	1.6%
7	COPD	1.0%
8	Chronic Kidney Disease	0.5%

Screenings

Cervical Cancer Screenings	17.8%
Colorectal Screenings	9.0%
Mammogram Screenings	43.9%

Primary Care

Annual Physical	22.3%
Childhood Immunizations	52.1%
Well Infant Care	70.7%
Well Young Child Care	59.7%
Well School Age Child Care	26.8%

Rx

5% Increase to Plan Cost Per-Member Per-Month

7.9% Decrease to Plan Paid Per-Member Per-Month (After Rebates)

21% Decrease to Specialty Plan Cost Per-Member Per-Month

30.1% of Total Rx Spend is for Diabetes

38.8% of Rx Costs where Excess Body Weight is a contributing factor

Top 25 Specialty Medications

8 Indications Treated

54 People

35% of Total Rx Cost

\$1.8m

Top Non-Specialty Conditions

1	Diabetes	\$52.10	
2	Anticoagulants	\$ 5.57	
3	Migraine Headaches	\$ 4.87	
4	Asthma	\$ 3.18	
5	Cholesterol	\$ 3.14	
6	Pain/Inflammation	\$ 2.74	
7	Attention Disorders	\$ 2.51	
8	GI Disorders	\$ 2.45	
9	Mental/Neuro Disorders	\$ 2.32	
10	Seizures	\$ 2.19	
		\$81.07	+17%

Plan Cost Per-Member Per-Month

Non-Specialty	\$103.78
Specialty	\$ 69.32
Total	\$173.10